

**Office of Family Planning,
1615 Capitol Avenue, Sacramento:
Directions, Long-Term Public Parking, Street Parking, and
What To Do At The Guard Station Downstairs**

2005/8/18 revision

Directions ([if you're viewing this online, click here for mapquest.com directions](#))

We are located just east of Capitol Park (the grounds of the California State Capitol) on Capitol Avenue between 16th and 17th Streets.



From Route 50 westbound, take the 16th Street exit. Turn right (north) and drive until you reach Capitol Avenue (it's between "L" and "N" Streets).

From Interstate 5, take the J Street exit. Go east until you reach 15th Street. Turn right (south) on 15th Street. Drive three blocks until you reach Capitol Avenue.

From Interstate 80 eastbound, take the I-5 North exit, then follow the “From Interstate 5” instructions above.

Long-Term Public Parking

Long-term parking (i.e., >2 hours) around our building is scarce. The map to the right of city-owned garages shows some possibilities. Public lots on the ground exist (e.g., at 16th and L and 17th and K). Although relatively inexpensive, they tend to fill up early in the morning.

There are two parking structures on K Street between 15th and 16th Streets (marked by a white star on the map) which cost \$1.00-\$1.50 for 30 minutes (up to \$8-\$13 per day) that have reasonable availability unless an event is taking place at the Convention Center. In addition (not on the map), garages are available on L Street between 16th and 17th Streets; 11th Street between O & P Streets; and 10th Street between L & K Streets.

Metered and Non-Metered Street Parking

If you need to park for up to two hours, meters are available up and down 15th, 16th, 17th, L, and N Streets, with availability decreasing as you drive closer to Capitol Park. Some spaces (such as the north side of N Street between 13th and 17th, see map at <http://www.pwsacramento.com/parking/longtermmap.html>) have 10-hour meters, but they tend to fill up early in the morning.

Some streets have non-metered parking with 1 or 2 hour limits (e.g., Capitol Avenue east of 17th Street and 17th Street from N Street down).

Please note: Parking enforcement in many cities consists of putting chalk on vehicles' tires, then coming back in a couple hours to cite vehicles that still have chalk showing. People in many cities try to defeat this method by moving their car forward or backward a little, erasing the chalk marks, moving to another meter down the street, etc. Be aware that such methods may not work in Sacramento. New computer and GPS (global positioning system) technology deployed in Sacramento “is programmed to recognize if a car is staying too long on a single block” without resorting to chalk marks. See http://www.sacbee.com/content/news/backseat_driver/story/10312321p-11232426c.html .

What To Do At The Guard Station Downstairs

If you are going to an event in the auditorium or in any other room on the first floor of the building, you'll need to check in with the guard downstairs to obtain a temporary visitor's badge for security purposes.

If you are going to an Emergency Preparedness Office meeting on the second floor, you'll need to check in with the guard downstairs to: (1) obtain a temporary visitor's badge, (2) have someone who works in the building escort you to your destination.

For Questions

Please call the Office of Family Planning main line at (916) 650-0454 or 0455.